



\*As of 3 June 2021: Please check the latest sports information guide for registration

## Weightlifting



- 1 **Organisers:** Organising Committee of the World Masters Games 2021 Kansai, World Masters Games 2021 Kansai Tokushima Organising Committee, IWF-Masters, Tokushima Weightlifting Association
- 2 **Co-organiser:** Japan Weightlifting Association
- 3 **Qualifying Period :** 16 August 2019 – 15 December 2021
- 4 **Provisional Competition Schedule:** Monday, 16 May – Tuesday, 24 May 2022  
(Competition: 9 Days)

Official Competition Schedule will be produced after the closing date for entries and will depend on the number of athletes registered

Date	Time	Event
Sunday, 15 May	15:00 -	Verification of Final Entries/Technical Meeting
Monday, 16 May	9:00 -	M85, M80, M75
		Opening Ceremony W85, W80, W75, W70, W65, M70
Tuesday, 17 May	10:00 -	M65, M60
Wednesday, 18 May	10:00 -	W60, W55, M55*
Thursday, 19 May	10:00 -	M55,* M50,* W50*
	19:00 -	IWF-Masters Electoral Congress of Nations

Friday, 20 May	10:00 -	W50,* M50,* W45
Saturday, 21 May	10:00 -	M45, W40*
Sunday, 22 May	10:00 -	W40,* M40
Monday, 23 May	10:00 -	M35,* W35*
Tuesday, 24 May	10:00 -	W35,* M35* Closing Ceremony/Closing Banquet

\*For age groups divided into 2 days, the competitions for lighter bodyweight categories of each relevant age group will be carried out on the 1st day, and the rest will be carried out on the 2nd day. A detailed competition schedule will be finalized after the Verification of Final Entries.

## 5 Venue

Amino-Value Hall

(61 Aza-yonmai Tateiwa Muiyacho, Naruto City, Tokushima 772-0017)

## 6 Field Size

Total 800 athletes

## 7 Competition Regulations

All events will be conducted in accordance with the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF) and incorporating the Technical and Competition Rules of IWF-Masters, or as otherwise specified in this document.

## 8 Technical Delegate

Takahiro Shimada , Executive Board Member, Japan Weightlifting Association

## 9 Competition Rules

### (1) Athlete Classification

The ranking will be determined based on the total aggregate points of the two lifts (snatch and clean & jerk) by gender, class, and age categories (hereinafter referred

to as the “event”).

## (2) Verification of Final Entries/Technical Meeting

Athletes who wish to participate in a lower bodyweight category than the one into which they have entered must communicate this modification with the IWF Masters secretariat by email or at latest during the Verification + Technical Meeting by themselves or through their agents.

## (3) Other Rules

- a) Athletes who wish to participate in a heavier bodyweight category than the one into which they have entered must attend the weigh-in of the category they have entered, and also the weigh-in of the category in which they wish to participate.
- b) Athletes must provide proof of identity by presenting their passport (or English language identity card including date of birth for domestic athletes) to the Competition Secretary / Weigh-in Officials.
- c) Articles in IWF TCRR 8 shall apply for recognition of a new record.
- d) New records can be recognized for the World Masters Games, the IWF World Masters, and continental records.
- e) The person responsible for the entry shall be the representative of the Member Federation of the IWF for each country.
- f) The Competition Schedule is subject to change depending on the number of entries.

## 10 Event

Age Groups (men)

M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85 by all nations

new voted in rule

Age Groups (women)

W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85 by all nations

new voted in rule

Bodyweight Categories (men)

55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

## Bodyweight Categories (women)

45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

## 11 Eligibility

- (1) Athletes must have achieved the qualifying standard for their age group and bodyweight category in an official event.
- (2) Participation must be approved by the Member Federation of the IWF in their own country in order to check the presence or absence of sanctions.
- (3) Lifting sessions will be conducted beginning with the oldest age groups first, and the youngest age groups last. Within each age group, it will begin with the lightest bodyweight category first and the heaviest last. Some bodyweight categories will be grouped together depending on the number of lifters in an age group and bodyweight category.
- (4) Participants will be selected in descending order from the results table of athletes who have achieved the qualifying standard for their age group and bodyweight category in an official event.

## 12 Age Requirements

- (1) The minimum age to participate is 35 (born on or before 31 December 1987).
- (2) In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2022. For example, if a person is 39 during Games time but has turned 40 by 31 December 2022, that person would compete in the 40-44 age category.

## 13 Medal Ceremony

- (1) Gold, silver, and bronze medals will be awarded to the first to third-ranked athletes in the total in each event. However, no medals will be awarded to athletes who have not yet achieved the qualifying standard for their age group and bodyweight category. Medals will be given for the World Masters Games.
- (2) The medal ceremony of each weightlifting session is planned to be held after the completion of the session.

(3) An award will be given to the best 3 lifters (male/female).

(4) *ONE TIME UNIQUE ADDITIONAL CHANGE DUE TO COVID POSTPONMENTS OF THIS EVENT:*

*within the World Masters Weightlifting Games we recognize new IWF Masters + Continental Masters records achieved in the Snatch, C&J + Total.*

## 14 Registration Fees

(1) Competition participation fee (including tax and handling fee)

\* Please see [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for details.

① Athletes (Basic fee: allowed to participate in 5 disciplines)

a) Overseas participants: 24,000 yen/person  
(Including a transportation pass for mobility within the Kansai area.)

b) Domestic participants: 15,000 yen/person  
(Does not include a transportation pass. Could be bought optionally at an additional cost.)

② Coach and/or family members (Basic fee)

a) Overseas participants: 14,000 yen/person  
(Including a transportation pass for mobility within the Kansai area.)

b) Domestic participants: 5,000 yen/person  
(Does not include a transportation pass. Could be bought optionally at an additional cost.)

(2) Additional charges (extra fees)

None

(3) Rental fee for competition equipment, etc.

None (Competition equipment will not be rented)

## 15 How to Apply for Participation

Participants must access the IWF-Masters website via a personal computer or smartphone to obtain eligibility using the designated preliminary entry system. After obtaining eligibility, participants must apply for participation through the IWF-Masters

Entry System at [www.masterswreg.com](http://www.masterswreg.com), the dedicated website for entry applications.

\* Please see [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for details.

## 16 Notes on Participation

### (1) Insurance

Included in the participation fee is accident insurance, which the organiser will enroll participants in. However, this insurance is only applicable to “injuries incurred during the competition in the competition venues” of the “competition participants and persons related to the competition,” and does not cover all kinds of risks during the competition. Therefore, all persons taking part in the competition are requested to subscribe to required insurance at own risk and cost.

\* Please see [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for details.

### (2) Doping Control

- ① Doping control in accordance with the [World Anti-Doping Code](#) and [the rules of the International Masters Games Association](#) shall apply to this competition.
- ② Anti-doping activities (doping inspections and anti-doping education activities) shall be conducted in accordance with [the rules of the International Masters Games Association](#).
- ③ Participants are deemed to have agreed to be subject to doping control procedures in accordance with [the rules of the International Masters Games Association](#) upon entry to the competition. Participants are advised to check [the rules of the International Masters Games Association](#) for more details.
- ④ In cooperation with the Japan Anti-Doping Agency, this competition aims to promote anti-doping activities in order to protect clean sports and clean athletes, in an effort to pass on various athletics values to future generations through sports.
- ⑤ The IWF rulebook contains important information about anti-doping that participants should carefully look over. Japan NADO must provide a copy of each tested athlete's doping control form to the IWF Masters.

## 17 Application for Accommodation and Transportation

(1) Accommodation

Refer to the Accommodation Information Page on the [World Masters Games 2021 Kansai Official Website](#) for information on accommodation.

(2) Transportation

Refer to the Transportation Information Page on the [World Masters Game 2021 Kansai Official Website](#) for transportation information including access to the venue.

## 18 Miscellaneous

Participants must complete entry procedures with the competition accreditation desk before participating (via competing or getting involved) in the competition.

(1) Games Accreditation

Accreditation desks shall be provided at the Opening Village, each Prefectural Masters Village, Center Village, and the special event accreditation hall. The participant must bring a valid photo identification and complete the accreditation process personally no later than one day before the competition. No exceptions will be made.

The accreditation process can be completed at any of designated service desks; however, operation hours and dates differ depending on the location.

\* Please see [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for details.

(2) IWF-Masters Electoral Congress of Nations

① Date and Time:

THURSDAY, 19 MAY 2022, 19:00 - 21:00 We also consider a ZOOM Hybrid Electoral Congress in case certain Covid restrictions are applied.

② Place: Amino Value Hall (2nd floor) Audio-Visual Room

(3) Closing Banquet

The closing banquet serves as an event where participants can mingle.

① Date and Time:

Tuesday, 24 May 2022, 19:00 – 21:00

② Venue:

Amino Value Hall (tentative)

③ Participation fee:

To be determined (Athletes' families are welcome to join, as well)

④ Registration:

At the competition venue (during competition days)

⑤ Miscellaneous:

Participation is voluntary.

(4) Registration

1. Preliminary registration will be by the IWF Masters Registration System

[www.masterswreg.com](http://www.masterswreg.com)

Preliminary registration opens 15 September 2021 and closes 14 December 2021

2. When registration in the Preliminary System is completed athletes must register for WMG through the WMG website to pay the entry fee and receive accreditation before competing.

WMG website registration opens 19 December 2021 and closes 28 February 2022.

[www.wmg2021.jp](http://www.wmg2021.jp)

※This sports information guide might be subject to changes, in case measures to prevent the spread of COVID-19 should become necessary.